



Yang Family Tai Chi International Junzheng Online Cup



Rules and Regulations

INTRODUCTION

The International Yang Family Tai Chi Chuan Association (YFTC) is pleased to present the **Yang Family Tai Chi International Junzheng Online Cup** (YFTC iJOC) in collaboration with the “Junzheng Cup” Global Tai Chi Online Competition.

The “Junzheng Cup” Global Tai Chi Online Competition is an event created through a partnership of wushu and cultural organizations in China to promote the special role taijiquan has in improving health to help defeat the COVID-19 pandemic. It is not a taijiquan competition or tournament in the conventional sense, but more like a reality television event. With the “Junzheng Cup” Global Tai Chi Online Competition, participants are to submit videos of themselves performing specified tai chi forms which are first scored by a panel of judges and then voted on by the public.

The sponsor of this event is the Chinese Wushu Association. Organizers include the Wenshan State Wushu Association, Junzheng Genyuan Culture Communication, and the Yunnan Wushu Association. Yang Family Tai Chi is a co-organizer of this competition with Master Yang Jun as an Honorary Director of the Competition Committee and Master Fang Hong a Deputy Director.

YANG FAMILY TAI CHI INTERNATIONAL JUNZHENG ONLINE CUP (YFTC iJOC)

In conjunction with the “Junzheng Cup” in China, the International Yang Family Tai Chi Chuan Association will conduct an adjunct friendly, participatory “contest”, the **Yang Family Tai Chi International Junzheng Online Cup (YFTC iJOC)**. All association members and practitioners of other Yang tai chi styles are invited to participate, however only performances of the forms listed below under HAND AND WEAPON FORM REQUIREMENTS are eligible for the YFTC iJOC awards. Such videos will be critiqued first at the national level, then regional level and finally international level by panels of reviewers selected from the association’s Judge Registry.

Award certificates will be given to the overall top performers for each division and event as follows:

- 4 – first place
- 6 – second place
- 8 – third place

All videos will be sent to the “Junzheng Cup” Global Tai Chi Online Competition organization for inclusion in the China event.

PARTICIPANT CLASSIFICATIONS

Similar to traditional tournaments there will be two main categories: solo or individual and group. The solo category will be split by gender and three age divisions:

- Division A: Under 29 (born after 1991)
- Division B: 30 - 59 (born 1961 -- 1990)
- Division C: 60 + (born before 1960)

A group may have all genders and ages together. Group divisions are based on the number or participants in the group:



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Small groups (4-50 members)

Large groups (>50 members)

The contest has two events: hand form and weapon form.

The following table summarizes the participant classifications and awards distribution:

Table 1. Participant Classifications

Category	Solo/Individual																		Group					
Section	Men									Women									Open – all genders; all ages					
Divisions	A Under 29			B 30 - 59			C 60+			A Under 29			B 30 - 59			C 60+			D Small group 4 – 50 people			E Large Group >50 people		
Awards	1st	2nd	3rd	1st	2nd	3rd	1st	2nd	3rd	1st	2nd	3rd	1st	2nd	3rd	1st	2nd	3rd	1st	2nd	3rd	1st	2nd	3rd
Hand Form	4	6	8	4	6	8	4	6	8	4	6	8	4	6	8	4	6	8	4	6	8	4	6	8
Weapon Form	4	6	8	4	6	8	4	6	8	4	6	8	4	6	8	4	6	8	4	6	8	4	6	8

HAND AND WEAPON FORM REQUIREMENTS

The tai chi chuan forms requirements for the YFTC iJOC awards are as follows:

Individual Hand Form

- YFTC Essential
 - YFTC Senior Form
 - Beijing Simplified 24 Posture Form
- Time limit: 3-5 minutes
Limited to perform only one of the above

Individual Weapon form

- Yang style sword form
 - Yang style saber form
- Time limit: 2-5 minutes
Limited to perform only one of the above

Groups

Hand Form as per Individual Hand Forms above
Weapon Form similar as per Individual Weapons above

Time limit: 3-4 minutes.

Performances may be done to music.

TIMELINES

- Yang Family Tai Chi International Junzheng Online Cup



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- a. **Videos submitted to the YFTC National Review Panels from August 21 – September 18, 2020.**
 - b. National reviewers evaluate submitted videos and determine the top ten performances for each participant classification and submits them to the regional review panel by September 20. National contest committees also send the videos to China by September 20.
 - c. Regional review panels evaluate the national finalists' videos and determines top ten performances for each division and category for their region and them to the international review panel by October 1.
 - d. The international review panel evaluates the regional finalist videos and determine the overall best performances and submits them to the *“Junzheng Cup” Global Tai Chi Online Competition* by October 19.
 - e. The top performers will be announced on the Yang Family Tai Chi website and social media sites and receive digital International Junzheng Online Cup certificates.
2. **“Junzheng Cup” Global Tai Chi Online Competition**
 - a. Judges score the videos from October 6 – 10.
 - b. Online audience voting on October 11 from 00.00H to 24.00H.
 - c. October 23 the scoring results release and winners of each group determined as well as the network popularity award.

VIDEO RECORDING REQUIREMENTS

- A. The video submitted must be a recent video (i.e. recorded within the last two months).
- B. When shooting the video, please pay attention to the background. A natural, uncluttered background that complements performers' costumes is ideal. Ensure the scenery is not in violation of the Cyber Security Law of the People's Republic of China.
- C. The video must be shot in a horizontal framing format. The video image should be clear and the subject in the center.
- D. Commercial activities such as advertisements are prohibited.
- E. Videos must be in MP4 format.
- F. It is highly recommended that a tripod or some fixed device be used for the camera to avoid any video distortion/shaking.
- G. Please use the following format for your video file name:
 - i. Section: M = men; W = Women, G = Group
 - ii. Division: A = under 29 years old; B = 30 – 59 years old; C = over 59 years old;
D = small group; E = large group
 - iii. Event: H = hand form; W = weapon form
 - iv. Name: First and last name with no spaces inbetween
 - v. Nation: Two letter nation code as per
(https://www.nationsonline.org/oneworld/country_code_list.htm)

e.g. a. A 35-year-old woman from Adelaide, Australia performing the Essential Form would give her video the file name: **W_B_H_EmmaWhite_AU.mp4**

b. A group of 10 people from Michigan, USA doing sword form would use the video file name: **G_D_W_US.mp4**



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Videos must be sent to the National YFTC iJOC review panel for your country by September 18 to be eligible for the contest. Drop videos and your completed entry form (http://yangfamilytaichi.com/wp-content/uploads/2020/08/iJOC-ENTRY-FORM_2020.pdf) in the appropriate DropBox link below:

- i. Argentina - <https://www.dropbox.com/request/mYwXj9qHfci946ubaFHV>
- ii. Brazil - <https://www.dropbox.com/request/uAhHaBkBjy6RwVfnEjgP>
- iii. Bulgaria/Hungary/Romania - <https://www.dropbox.com/request/gdww1RG1Q7GEPupjbp51>
- iv. Canada/Australia - <https://www.dropbox.com/request/mDLTj9kGY5lbvaEwjDfh>
- v. Colombia/ Peru/ Uruguay/Venezuela - <https://www.dropbox.com/request/YX2NYHPueN2ynSA6lkVv>
- vi. France/Madagascar - <https://www.dropbox.com/request/VpY58Zf8D6wudd2nhZMF>
- vii. Germany/Iran/Switzerland - <https://www.dropbox.com/request/NVmT50zTn1ln2W9CcVkB>
- viii. Italy/Greece - <https://www.dropbox.com/request/pJ4TshK8IXJ00JYjFwx1>
- ix. Sweden/United Kingdom - <https://www.dropbox.com/request/OYMyPm107thexxyPZFcJ>
- x. USA/Mexico - <https://www.dropbox.com/request/K8mZ0uDM8Qp35lyrKiIk>

VIDEO RELEASE PERMISSION

Videos submitted to the YFTC iJOC will be posted to the International Yang Family Tai Chi Association website and social media sites and the websites and social media sites of the official sponsor and organizers of the “Junzheng Cup” Global Tai Chi Online Competition.

When you submit your video as a part of this competition - *You hereby release any and all claims against the International Yang Family Tai Chi Chuan Association or any person or organization utilizing this video material for the Yang Family Tai Chi International Junzheng Online Cup (YFTC iJOC) purposes. This release applies to all individual and group video recordings.*

Please ensure all participants read the following details of the release:

When you submit your video as a part of the Yang Family Tai Chi International Junzheng Online Cup (YFTC iJOC) you hereby grant permission to the rights of your image, likeness and sound of your voice as recorded on audio or video tape without payment or any other consideration. You understand that your image may be edited, copied, exhibited, published or distributed and waive the right to inspect or approve the finished product wherein your likeness appears. You also understand that this material may be used in diverse settings within an unrestricted geographic area.

The video recordings will be used for the following purpose: the Yang Family Tai Chi International Junzheng Online Cup (YFTC iJOC). By submitting your video as a participant, you understand this permission signifies that video recordings of you may be electronically displayed in various settings as it relates to the Yang Family Tai Chi International Junzheng Online Cup.

There is no time limit on the validity of this release nor is there any geographic limitation on where these materials may be distributed. This release applies to video recordings collected as part of the sessions listed on this document only.

By reading this notice and by submitting your video, you acknowledge that you have completely read and fully understand the above release and agree to be bound thereby. You hereby release any and all claims against the International Yang Family Tai Chi Chuan Association or any person or organization utilizing this video material for the Yang Family Tai Chi International Junzheng Online Cup (YFTC iJOC) purposes.



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ENTRY FORM

Name or Group Name: _____

Email address: _____

Country: _____

Video file name(s): _____

Please check the
boxes for the
event category/
categories in
which you are
participating:

	Individual Men	Individual Women	Group
Division A (<29)			
Division B (30-59)			
Division C (60+)			
Division: Small Group (4-50 people)			
Division E: Large Group (>50 people)			
Hand Form: YFTC Essential			
Hand Form: YFTC Senior			
Hand Form: Beijing 24			
Hand Form: Other (name):			
Sword Form			
Saber Form			

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☐ Check here to acknowledge that you have read the Video Release Permission

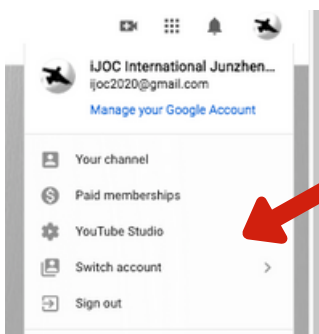
USING MUSIC ON VIDEOS



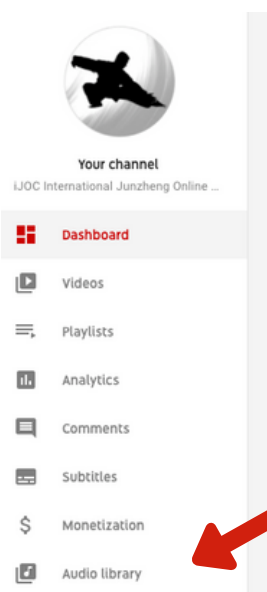
If you are producing your own video or other media project, you can't just take whatever music you want from the Internet because of copyright. There are many websites offering royalty free music, but in most cases you will have to pay to download a music.

That's why YouTube decided to make it easier by providing a YouTube audio library of free audio clips which you can use in your video projects. The clips are provided by ordinary musicians looking to get their work out there into the world.

Go to You Tube (you will have to be signed in with your Gmail account). You can find the YouTube audio library in an area of YouTube known as YouTube Studio. To get there, go to your menu in the top-right hand corner of your YouTube page.



Once you are inside YouTube Studio, scroll down the menu on the left-hand side until you come to Audio Library. Click on that to open it.

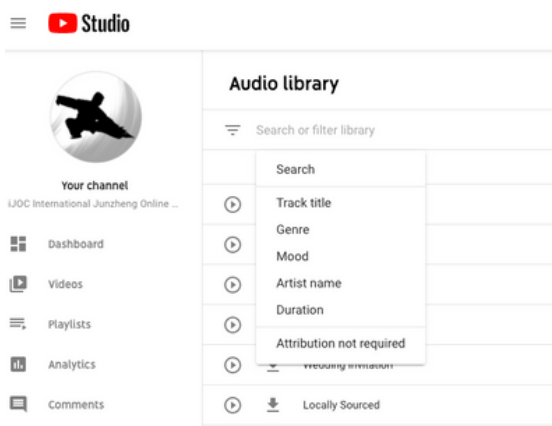


USING MUSIC ON VIDEOS



Each entry in the library is basically a MP3 file which you can download, and then drag into the media project creation tool of your choice. But first you need to find the one you want.

You can narrow and simplify your search by using either the search function, or the filters. If you have a very good idea what you are looking for, the filters are the way to go. It categorizes the music into Genre, Mood, Instrument, Duration, and Attribution.



Attribution

Just because we are getting music for “free” doesn’t mean that every artist who has contributed to YouTube’s audio library doesn’t want something in return. Some people don’t want any attribution at all as they perhaps only do it for the fun of it. But there will be others – professional musicians – who will want some kind of acknowledgement and shout-out for their work. So the Attribution filter is there to filter out who wants recognition and who doesn’t. For those that do, their name must be used in the closing credits of the project, and / or in the video description on YouTube.

For iJOC: please choose a music clip WITHOUT attribution

When you have found the one you want to use, go to the far-right of the clip and click the download icon. The music file will now be downloaded directly to your computer.