



New Hampshire Tai Chi Chuan Center

www.nhyangtaichi.com

Pairing the Movements of a Form within a Schedule

By Michael Coulon (Yang Yahua)

Designed for Introductory Programs
And Continuation Programs

| Form | Weeks |
|------------------------|--|
| 13 movement | 8 - Introductory & Continuation programs 10 – Introductory program 12 – Introductory program |
| 16 movement | 8 - Introductory & Continuation programs 10 – Introductory program 12 – Introductory program |
| Part I of 103 movement | 8 - Introductory & Continuation programs 10 – Introductory program 12 – Introductory program |